

CURRICULUM VITAE

- 1) **NAME** : **Dr.VANGAPANDU ARUNA**
2) **Father's Name** : V.SATYANARAYANA
3) **Date of Birth** : 01-07-1971
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5) Educational Qualification :

Course	Main Subjects	Division	Percentage of marks	Name of the Board	Year of passing
SSC		High second class	59.5	Board of secondary education	1986
Inter	Bi.P.C	Third	48%	Board of intermediate education Ap	1988
B.A	Economics, Politics, Sociology	High second class	59.6%	Andhra university Visakhapatnam	1992
M.A.	Pure economics	High second class	58.8%	Andhra university Visakhapatnam	1994
P.G.Diploma in Yoga	Physiology, Psychology, Philosophy, Yoga and Meditation	First class	62.6%	Andhra university Visakhapatnam	1996
M.A.	Philosophy	First class	63.60%	Andhra university Visakhapatnam	2003
Ph.D	Philosophy			Andhra university Visakhapatnam	2008
AP SLET/SET	Philosophy	Qualified		Andhra university Visakhapatnam	2019

6) Seminar's/ Workshop's :

International Conference on "women in 21st century Challenges and opportunities" and paper presented "Analysis of women literacy in india" held at CH.S.D.ST.Therisas college for women, Eluru, A.P. on 9th & 10th feb 2018.

Participated in 7days faculty development programme organized on "Rural Community Engagement" held from 21st to 27th jan 2019 organised by Mahathama Gandhi National Council of Rural Education - Hyderabad in collaboration with Dr.B.R.Ambedkar University, Etherla, Srikakulam, A.P. held from 21st to 27th jan 2019.

7) Teaching Experience : Working as Assistant Professor (C), Department of Yoga and Physical Education, Dr B.R.Ambedkar University, Etcherla, Srikakulam, Andhrapradesh. From 2018 september to till date

Seven years as a Lecturer –

Worked as Lecturer in Economics from 1995 to 1997 S.M. Degree College, Jami

Worked as Yoga Lecturer cum Demonstrator From 1996 to 2001 - A.Y.C. (Affiliated to Andhra University,Visakhapatnam) Vijinigiri and also worked as Principal for three monthsIn the above organization during the above period.

Subject Proficiency in Yoga Teaching & Practices

I am also participated in many Therapy Camps Conducted by Yoga Consciousness Trust at the Institution (viz., Stress& Strain Management Courses, youth Refreshment Courses, Children Camps, General ,senior citizen and Therapy Camps etc.)

Prizes:

1. G.S.R.Krishnayya Prize.
2. Dr. Sarvepalli Radha Krishna prize.
3. Rajah Ram Mohan Roy Birthday Centenary prize of the A.P. Brahama Samaj prize.
4. Godavaramma Philosophy prize.
5. Lakka Raju Venkataramana Prize.

Games & Sports :

1. Vizianagaram District Games.& Sports Meet, 1984-85
Winners & Runners .
2. Vizianagaram District Games & Sports Meet, 1985-86 Runners.
6. M.R.V.G. P.G. College Games & Sports 1993 — Winners.

V. Aruna.

Signature of the candidate

Station :

Date :

DR.V.Aruna
Asst.Professor
Department of Yoga and Fitness Management
Dr.B.R.Ambedkhar University
Etcherla, Srikakulam.